

# January 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 New Year's Day 9:45 Kroger/Publix/Dollar Tree Shopping Trip* 6:00 Open Game Nights	2 9:30 Wii Bowling and Coffee (CR) 11:00 CDC Medicare Diabetes Prevention Program(CR) 1:00 Video Exercise for Seniors (CR) 7:30 Open Game Nights (CR) 8:00 Campfire and Smores	3 1:00 \$5.00 Jewelry Shop (CR) 1:00 Bake Sale (CR) 6:00 Open Game Nights
4 1:00 Holiday Party with Northlake Youth (CR)* 6:00 Open Game Nights	5 10:00 Over the Bridge (CR) 10:00 Walmart(Tucker)* 1:00 Video Exercise for Seniors (CR) 2:00 New Years Toast 2:30 Kenyatta's Mobile Farmers Market (G) 3:30 DCT MEDITATION 6:30 Bingo/7:30 Open Game Night	6 10:00 Chiropractor 10:00 Volunteer Meeting (CR) 12:00 Decoration Take Down 12:00 Mary Kay (L) 6:00 Open Game Nights 7:00 Charades	7 11:00 Tempo Chair Fitness(CR) 3:30 Mid-Week Praise Break(CR) 6:00 Open Game Nights	8 9:45 Kroger/Publix/Dollar Tree Shopping Trip* 12:00 Veterans Sit Down Lunch (CR) 6:00 Open Game Nights	9 9:30 Wii Bowling and Coffee (CR) 11:00 CDC Medicare Diabetes Prevention Program (CR) 1:00 Video Exercise for Seniors (CR) 2:00 Prayer Meetig (CR) 3:30 Drum Circle (CR) 7:30 Open Game Night (CR)	10 11:30 Fork in the Road (Bus Trip) 12:00 Barbara Beauty Center 6:00 Open Game Nights
11 1:00 Communion & Worship w/ Northlake Church of Christ (CR) 6:00 Open Game Nights	12 10:00 Walmart/Sprouts/Aldi/Whole Foods* 1:00 Video Exercise for Seniors (CR) 2:30 Kenyatta's Mobile Farmers Market (G) 3:00 Pelvic Health Discussion "Women (CR) 6:30 Bingo/7:30 Open Game Night	13 12:00 Birthday Luncheon** (CR) 3:30 DCT MEDITATION GATHERING (CR) 6:00 Trivia with Connie (CR) 6:00 Open Game Nights	14 11:00 Tempo Chair Fitness(CR) 3:30 Mid-Week Praise Break(CR) 6:00 Open Game Nights	15 9:45 Kroger/Publix/Dollar Tree Shopping Trip* 6:00 Open Game Nights	16 11:00 CDC Medicare Diabetes Prevention Program(CR) 12:00 Victory For The World Church Food Delivery (Lobby) 1:00 Video Exercise for Seniors (CR) 2:00 Prayer Meeting 7:30 Open Game Night	17 10:00 Bus Trip to Victory For The World Church MLK Community Day 6:00 Open Game Nights
18 6:00 Open Game Nights	19 10:00 Walmart(Memorial Dr.)* 12:00 Video Exercise for Seniors (CR) 2:00 Martin Luther King Jr. Celebration 2:30 Kenyatta's Mobile Farmers Market (G) 3:30 DCT MEDITATION (CR) 6:30 Bingo /7:30 Open Game Night	20 2:00 Mindfulness Art*(CR) 6:00 Open Game Nights 7:00 Charades	21 9:30 Golden Rings (CR) 11:00 Tempo Chair Fitness(CR) 3:30 Mid-Week Praise Break(CR) 6:00 Open Game Nights	22 9:45 Kroger/Publix/Dollar Tree Shopping Trip* 2:00 Bedbug Education Revamp (CR) 2025 6:00 Open Game Nights	23 9:30 Wii Bowling and Coffee(CR) 1:00 CDC Medicare Diabetes Prevention (CR) 1:00 Video Exercise for Seniors (GYM) 3:30DCT DRUM CIRCLE (CR) 7:30 Open Game Night (CR)	24 6:00 Open Game Nights
25 5:30 Church Service w/ Bobby (CR) 7:30 Open Game Nights	26 Monthly Goodwill Collection 10:00 Walmart/Sprouts/Aldi/Wholefoods* 1:00 Video Exercise for Seniors (CR) 2:30 Kenyatta's Mobile (L) 3:30 DCT MEDITATION (CR) 4:30 Monthly Support Group (CR) 6:30 Bingo /7:30 Open Game Night	27 6:00 Trivia with Connie (CR) 7:30 Open Game Nights	28 11:00 Tempo Chair Fitness(CR) 3:30 Mid-Week Praise Break(CR) 6:00 Open Game Nights	29 9:45 Kroger/Publix/Dollar Tree Shopping Trip* 6:00 Open Game Nights	30 9:30 Wii Bowling and Coffee (CR) 11:00 CDC Medicare Diabetes Prevention Program(CR) 1:00 Video Exercise for Seniors (CR) 7:30 Open Game Nights	31 6:00 Open Game Nights